

KENT STATE UNIVERSITY

COLLEGE OF NURSING

TECHNICAL SKILLS RECORD/ CHECKLIST

Student Name: Courtney Wiener

The following list represents basic technical skills exposure expected by program completion. Please insert the date next to the skills you perform at the end of each lab and/or clinical day. The form is to be kept in your portfolio until the end of the program. One copy will be submitted to the College of Nursing office.

	Have seen demonstrated, but have not performed	Skill Performance with direct supervision in lab or clinical setting		Skill performance without direct supervision in lab or clinical setting		Additional Comments
		Adult	Child	Adult	Child	
DIRECT PATIENT CARE						
Complete Bath		1/21/10		2/5/10		
Oral Care		1/21/10		1/25/11	9/29/10	
Skin Care		9/30/09		1/29/10	11/29/10	
Hair Care		1/21/10		1/25/11	9/29/10	
Foot & Nail Care		9/30/09				
Back Massage				1/25/11	9/29/10	
Braden Scale Skin Assessment				2/5/10	10/6/10	
Positioning & Repositioning		1/25/10	10/25/10	2/5/10	9/15/10	
Range of Motion		10/14/09		2/5/10	9/29/10	
Assist with Ambulation		2/4/10		2/5/10		
Falls Precautions		2/4/10		2/5/10		
Transfer Techniques		2/4/10		2/5/10		
Feeding				2/26/10	9/15/10	
Recording I & O's				3/12/10	9/15/10	
Ted Hose/SCDs		1/25/10		2/5/10		
APPLYING RESTRAINTS						
Posey						
Wrist & Ankle		1/13/12		1/28/12		
BED MAKING						
Occupied		1/25/10		2/19/10	9/29/10	
Unoccupied		1/25/10		2/5/10	9/8/10	
VITAL SIGNS						
Temperature		9/23/09		1/29/10	9/8/10	
Respiration		9/23/09		1/29/10	9/8/10	
Pulse		9/23/09		1/29/10	9/8/10	
Blood Pressure		9/23/09		1/29/10	9/8/10	
Orthostatic Blood Pressure		9/23/09		1/29/10		
Pain Assessment		10/14/09		1/29/10	9/8/10	
NEUROLOGICAL ASSESSMENT						
Glasgow Coma Scale		10/14/09		1/29/10	9/8/10	

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CARDIAC MONITORING						
EKG/Telemetry		1/13/12		1/28/12		
12 lead EKG administration		1/13/12		1/28/12		
ELIMINATION						
Enemas	4/22/10					
Colostomy: Irrigation	4/22/10					
Dressing	4/22/10					
Placing Appliance	4/22/10					
Ileostomy						
Catheterization						
Indwelling: Male	4/8/10	5/4/10				
Female		5/4/10				
Straight: Male	4/8/10					
Female	4/8/10	2/3/11				
Urosheath: Male						
Indwelling Catheter Care		1/28/12		1/29/12		
Catheter Irrigation	3/19/10					
Perineal Care				2/5/10	11/29/10	
Urosheath Care						
IRRIGATIONS						
Eye	2/11/10					
Ear						
Bladder						
Vaginal						
Wound		2/11/10		3/11/10		
SPECIMEN COLLECTION						
24 hour Urine		1/28/12				
Specific Gravity		1/28/12				
Sterile from indwelling cath						
Stool:						
Guaiac/Hemoccult		2/25/12				
Ova & Parasite						
C & S						
Sputum						
Blood Glucose Monitoring		2/11/10		3/11/10		
PRE & POST OPERATIVE CARE						
Pre-op Checklist/Informed Consent	3/19/10					
Dry sterile dressing		2/11/10		3/11/10		
Peripheral IV site dressing change		1/28/12		1/29/12		
Central line dressing change	3/3/11					
Wet → Dry sterile dressing		2/11/10				
Packed wound dressing		2/11/10				

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Coughing & deep breathing				4/16/10	9/8/10	
Incentive spirometry		4/15/10		4/16/10	9/8/10	
Assist to dangle & ambulate				9/29/10	9/8/10	
Assist with cast						
Assist with traction						
Intermittent wall suction		1/28/12		1/28/12		
Naso-gastric irrigation		1/25/11				
Hemovac drain care	2/12/10					
JP drain care						
Nasogastric continuous feeding		3/25/10		1/28/12	9/15/10	
Gastrostomy intermittent feeding		1/28/12		1/28/12		
RESPIRATORY CARE						
Oxygen Therapy:						
Nasal cannula		4/15/10		4/16/10	9/29/10	
Mask		4/15/10				
Pulse Oximetry		11/18/09		1/29/10	9/8/10	
Suctioning:						
Oropharyngeal		1/13/12		1/14/12		
Endotracheal		1/28/12		1/29/12		
Tracheostomy care	2/22/11					
Chest tube care		10/10/11				
Postural drainage						
Percussion, drainage, & clapping						
ISOLATION TECHNIQUES						
VRE/MRSA		1/14/12		1/14/12		
TB		1/15/12		1/15/12		
Neutrapenic (Reverse)						
MEDICATION ADMINISTRATION						
Oral		2/25/10		3/12/10	9/8/10	
Patches/topical		2/25/10		1/28/12	9/15/10	
Subcutaneous		3/4/10		3/12/10		
Intramuscular		3/4/10		11/15/10	11/29/10	
Z-Track	3/4/10					
IV INFUSION						
Peripheral		2/22/11				
PICC line		1/29/12				
Central/Triple Lumen		1/29/12				
Monitoring of Drip Rate		3/3/11		1/28/12	9/29/10	
IV site assessment		3/3/11		1/29/10	9/29/10	
Changing IV fluid bags		3/3/11		1/28/12	9/29/10	
Changing IV fluid tubings		3/3/11		1/28/12		
Arterial line maintenance		1/28/12			9/29/10	

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COMPUTER DOCUMENTATION				11/8/10	9/8/10	
EXPERIENCE TEACHING:						
Patients				2/5/10	9/8/10	
Families				2/5/10	9/8/10	
DISCHARGE PLANNING				11/8/10	9/8/10	
BASIC LIFE SUPPORT (record dates of completion)						

**Modified with permission from University Hospital of Cleveland Nurse Extern Skills Experience Record/Checklist
 **Revised 8/08